



Hyaluronic Acid Filler Treatment Instructions

As we age, our skin produces less of a naturally hydrating substance called hyaluronic acid. The loss of hyaluronic acid in our skin results in facial wrinkles and folds.

JUVÉDERM™, VOLUMA®, VOLBELLA®, VOLLURE™, and BELOTERO BALANCE® are dermal fillers for temporarily correcting moderate to severe facial wrinkles and folds. They are also commonly used to improve the volume and appearance of the lips. They are a “next generation” smooth gel, non-animal dermal filler offering a natural look/feel and long-lasting results for six months to two years. These fillers last long because they are the only dermal fillers currently available with the highest concentration of hyaluronic acid. This creates a smooth gel that flows easily into the skin, creating a smooth, natural look.

All other currently approved hyaluronic acid dermal fillers use a gel particle suspension formulation. These gel particles can be visibly seen as opposed to the smoother formulation used our products. The smooth consistency of our dermal fillers also may help to minimize the discomfort that can sometimes occur during the injection procedure.

Before your filler treatment:

Avoid using aspirin, non-steroidal anti-inflammatory medications, St. John's Wort, or high dose of Vitamin E supplements for one week prior to your treatment, because these may increase bruising or bleeding at the injection site.

After your filler treatment:

- You may experience redness, swelling and bruising after your treatment, which is normal and will usually resolve within a few days.
- You may apply 100% mineral makeup immediately after treatment.
- The use of Arnica and Bromelain tablets is recommended following your treatment to minimize bruising and swelling.
- You may experience tenderness in the treated area. Apply cold compresses to ease pain and minimize swelling.
- Avoid strenuous exercise for 24 hours after treatment
- Avoid sun exposure and exposure to intense heat until redness or swelling is completely resolved.
- Avoid rubbing or massaging the treated areas.

